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On the traditional lands of the Gumbaynggirr people

NEWSLETTER Term 1 Week 9

School Vision Statement 2021 – 2024

We believe that tomorrow belongs to those who prepare for it. Our journey to excellence will provide an environment that is challenging, inclusive and inspirational, that ensures each student shines, now and in the future.

FORTNIGHTLY AWARDS

Week 9 - Term 1, 2022

Class Awards

Jack Duckett

For great listening and enthusiastic participation at school and on camp!

Sunny Baff

For outstanding effort in all learning

Joseph Slater

For fantastic mathematical thinking



Principal's Message — Welcome to Week 9.

A great time was had by all who attended the Thalgarrah EEC excursion last week. Team building activities, orienteering, photography, dip netting and bush games made for an exciting school camp. We thank Matt and Maree for looking after us and providing this engaging learning experience for our students.

Congratulations to our swimming relay team, Lucy, Cooper, Quill and Tyson who competed at the North Coast Swimming Carnival last Thursday. The team placed third in the PP6 Earl McGee Small Schools Relay. Although the team will not progress to the State Carnival, we are proud of their efforts and thank them for representing our school with enthusiasm. Thank you to Lyneeza Young for transporting the team to and from Coffs Harbour.



| WHAT'S ON FOR TERM 1 | | |
|----------------------------------|--|--|
| WEEK 9 | | |
| Tuesday, March 22 | Ride 2 School Day | |
| WEEK 10 FRUIT AND VEGETABLE WEEK | | |
| Monday, March 28 | AGM & P&C Meeting — 5.30pm | |
| Wednesday, March 30 | Yr 3-6 Dylan Edwards Legends 7- Bellingen | |
| Thursday, March 31 | Big Vegie Crunch—10am Preschoolers Afternoon—1.30pm to 3.15pm | |
| Friday, April 1 | Harmony Day | |
| WEEK 11 | | |
| Tuesday, April 5 | Hearing Tests | |
| Wednesday, April 6 | Gymnastics Excursion—Armidale | |
| Thursday, April 7 | Term 1 Assembly & Easter Hat Parade-2pm | |
| Friday, April 8 | Last Day of Term for Students | |

Last week a number of students and staff were sick with head colds and/or a chesty cough. To help stop the spread of illness, please keep your children home when they are unwell. Please also continue to test your child/ren for COVID -19 if they have any cold or flu symptoms. Although we do not have a positive COVID-19 case within our school community at present, COVID-19 continues to circulate in our wider community. Our school recently received some of the 'lollypop' style saliva tests. Please contact the school if you would like some of these for your child/ren.

As we approach the end of Term 1, planning is underway for our end of term assembly and the first Preschooler visit for 2022. More details further in today's newsletter. Leah Keough- Principal

Ride2School Day - TOMORROW



We are excited for tomorrow's Ride2School activities. It's not too late to get a bike or scooter and helmet to school for an afternoon of

riding or scooting around the school playground.







































SAKG Gardening & Cooking Week 7

Due to our exciting overnight excursion to Thalgarrah Environmental Education Centre we had no gardening or cooking this week.



Growing Harvesting Preparing Sharing

Week 8

We had no gardening this week due to our change of timetable to allow for our Rugby League Clinic.

We harvested rhubarb, shallots, onions, beetroot, herbs, zucchini and capsicums.

In the kitchen we cooked banana bread waffles that we coloured pink with beetroot, breakfast zucchini fritters, cheesy herb scones, mango smoothies, a fruit platter, roasted apple compote and a rhubarb roasted compote.



Kitchen & Gardening Award

Congratulations to Tyson Shipman who received our Week 8 cooking award.

Rugby League Clinic

Last Friday we participated in a rugby league clinic here at school. Garry taught all students drills and rugby games. The

students then enjoyed a game of league tag. Garry then spent some extra time teaching a couple of students tackle skills.





"Dylan Edwards" Legends 7 League Tag – Wednesday 30 March – Years 3-6 only

Year 3-6 will be participating in the Dylan Edwards Legend 7's Gala Day at Connell Park, Bellingen on Wednesday 30 March. The Gala Day is non-competitive. Students in Year 3 and 4 will play tag. Students in Years 5 and 6 will have the option to play tackle.

We will be combining travel with Dorrigo Public School students on the day. Transport will be by bus departing Dorrigo Public School at 8:45 am. We will return to Dorrigo Public School in time for the afternoon school buses.

Students may catch the Town Bus run to Dorrigo PS in the morning and return on the Town Bus run in the afternoon. Mrs Keough and Miss McNeill will accompany the students to Bellingen and return on the bus.

The cost will be \$12 per student to cover team transport costs. Students must wear school sports uniform including a hat and will need to bring their own lunch and recess, and plenty of water to drink. Please pack extra food and water, as students can get hungry and thirsty while playing. Students playing Rugby League will also need boots and mouth guard and will need to have returned the "Permission to Play Rugby League" form. **Please return the consent notes if attached as soon as possible. Thank you those that have already returned their notes.**

The Big Vegie Crunch — Thursday 31 March—10am



Vegetable Week 2022 will run from Monday 28 March to Friday 1 April, with The Big Vegie Crunch to be held at 10am on Thursday 31 March.

Students will be trying a variety of different fruits and vegetables at 10am. 'The Big Vegie Crunch' is an event for NSW primary school students to break the record for the highest number of children eating vegetables simultaneously – and to get kids excited about vegetables! Only 5% of NSW children eat enough vegetables. We're on a mission to change that stat, by increasing children's knowledge, exposure and positive attitudes towards vegetables.

Preschool Afternoon—Thursday 31 March



All Preschool children aged 1—5 years are invited to join us for a preschool afternoon at school next Thursday 31 March at from 1:30pm to 3.15pm. We'll enjoy Easter craft, games, stories and play time

together. Bring along a packed lunch/snack to join in with lunch and play with our students. Please phone the school on 66578133 if you have any questions.

Harmony Day Friday 1 April

We will be participating in Harmony Day on Friday 1 April. Students can come to school dressed in mufti (nonuniform) in orange clothes - the official colour for Harmony Day. We'll be cooking a Turkish feast just for the students and staff to share.



Hearing Checks—Tuesday 5 April

Julie Plant from NSW Health will be visiting our school on Tuesday 5 April to conduct hearing tests. All students K-6 can access this free service. The tests will take place at school during school hours. A follow-up report will be sent home to parents following the screening. Please complete the attached permission note if you would like your child to be included in the screening. Thank you everyone that has already returned their note.

Excursion- Armidale Gym Centre - Wednesday 6 April

All students, K-6 will visit the Armidale Gym Centre on Wednesday 6 April for a gymnastics session with gymnastics coaches followed by a trampolining / Ninja Warrior style activity.

Transport to and from Armidale will be by Wykes Bus Service. The bus will depart the school by 9am and return to school in time for normal home routines at 3.15pm. Students must wear full sports school uniform and pack their lunchbox and water bottles.

This excursion is part of our Sporting Schools program for Term 1 and will be fully paid for by our Sporting Schools funding- no cost to students. Please return the permission note attached by this Friday 25 March, 2022.

Term 1 Assembly Thursday 7 April – 2.00pm



Please join us on Thursday 7 April at 2pm for our first 2022 Assembly and Easter Hat Parade. Students will present some of their learning from the term.

BookClub Issue 2 – Due back TOMORROW—Tuesday 22 March

If you wish to place an order from this issue, please have your loop online order completed or your order forms and money (cash) back at school by tomorrow, Tuesday 22 March.



2022 Learning Contributions



Learning Contribution fees for 2022 remain the same - \$30.00 for the costs of 🧐 student items provided by our school e.g. exercise books, pens, pencils, glue, hand towels, headphones, online subscriptions etc.... and \$40.00 towards SAKG program which has ongoing costs each week, such as cooking ingredients, seeds and seedlings.

Invoices will be attached to the next newsletter. Thank you to those families that already paid.

P&C News & Community Notices

P&C Meeting – New Date—Next Monday 28 March – 5.30pm

Our P&C meeting has been postposed today until next Monday 28 March at 5.30pm. We would like to have as many people as possible attend. This is a wonderful opportunity to find out about and get involved with what is happening within the school. Please come along and enjoy a relaxed friendly gathering.

Notice of AGM Meeting for Dundurrabin Public School P&C – Monday 28 March – 5.30pm

Our P&C AGM has been postposed today until next Monday 28 March at 5.30pm. All members are encouraged to attend. All positions Vacant. Membership costs \$2 and will need to be paid before the AGM to allow you to vote.

Suitable P&C Meeting Days

Attached is an expression of interest for parents / carers to let us know of what day suits you best to attend our P&C meetings. Please fill out your preferred choice and return it to school as soon as possible.

Easter Raffle Donations - Easter Eggs Needed



The P&C is asking families if they could kindly donate some Easter Eggs or "something Eastery" for our raffle that will be drawn on Thursday 7 April at our Term 1 Assembly. Tickets will be sent home soon. They will need to back at school by Wednesday 6 April.

Rural Youth Forum—Today 5pm to 8pm

For all interested youth in our community, there will be a Rural Youth Forum held today, Tuesday 22 March from 5pm to 8pm at Dundurrabin Community Centre. Please come along, enjoy a free meal and share ideas about what you think our community needs for our youth.



Let's Get Together and Celebrate Dorrigo Plateau Sunday 3 April

Dorrigo Suicide Prevention Network (DSPN) is hosting another **FREE** picnic day at the Dorrigo Showground for all on the Plateau to come along and enjoy. **Sunday 3rd April 2022**,

11am-3pm

"Let's Get Together and Celebrate Dorrigo Plateau" is a community event aimed at providing a relaxed and happy environment for all to enjoy. We've all been through a lot over the last 12 months – come and enjoy a day out on us.

There will be entertainment to suit all ages, face painting and bubbles for the younger children and whip cracking.

We will also be giving away our fabulous 'Let's Get Together" showbags filled with useful information to take home and read as well as a few surprises.

There will be Gordo's coffee van, the Youth café 'mocktails' and *some* food to purchase if your own picnic doesn't cover these goodies.

BYO food and drinks along with your own chair and rug. immerse yourselves in great company and live music. 11am to 3pm.

The event will not be cancelled - just moved inside if the weather dictates.





need not be thrown out. They can be a flavour-rich basis for some great drinks, snacks and meals.



Get the most out of fruit and veg past used-by date.

Image: expophoto.com.au

Eat It To

Beat It

| Banana | Cut in to chunks and freeze. Use in smoothies, banana bread or muffins. |
|---|---|
| Apple | Stew. Serve with natural yoghurt or sprinkle with muesli and bake for crumble. |
| Zucchini | Grate and freeze in zip-lock bags. Use in mince dishes, zucchini loaf, muffins. |
| Capsicum, celery, green beans, broccoli, cauliflower | Slice and freeze in zip-lock bags. Use in stir fries. |

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

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A day here or there doesn't seem like much but absences add up.



Let's support attendance in our students together.

