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On the traditional lands of the Gumbaynggirr people

NEWSLETTER Term 2 Week 1

School Vision Statement 2021 – 2024

We believe that tomorrow belongs to those who prepare for it. Our journey to excellence will provide an environment that is challenging, inclusive and inspirational, that ensures each student shines, now and in the future.

Principal's Message — Welcome to Week 1

Dear Parents,

Welcome to the start of a brand-new term, after hopefully enjoying a safe and restoring break. We're excited to be commencing a new term of learning together.

A full outline of the Term 2 COVID operations is included on the last page of today's newsletter.

Leah Keough
Principal

ANZAC Day

Thank you to our student representatives Lucy, Bailey and Cooper who marched at the Dorrigo ANZAC service on Monday. A special mention to Lucy who, on behalf of the school, was presented with a book titled 'The Dorrigo Soldier - His Story'. This is a new book developed by the Dorrigo Historical Society and will make a wonderful addition to our school library.

ANZAC learning will continue this week when we welcome representatives from Dorrigo Memorial RSL to speak with us about the significance of ANZAC Day - always an interesting experience.



WHAT'S ON FOR TERM 2

WEEK 1

Thursday, April 28 RSL ANZAC Visit

WEEK 2

Thursday, May 5 P&C Pizza Night

Friday, May 6 District Cross Country—Bowraville

WEEK 3 NAPLAN - Year 3 and Year 5

Tuesday, May 10 Preschoolers Afternoon—1.30 to 3.15

Friday, May 13 Walk to School Day
P&C Meeting—9.30am

WEEK 4 NAPLAN - Year 3 and Year 5

WEEK 5 LAKE AINSWORTH - POSTPONED

Wednesday, May 25 Simultaneous Storytime—11am

Friday, May 27 Finlayson Sports Carnival at Chandler PS

WEEK 6

Wednesday, June 1 Armidale Gymnastic Excursion

WEEK 7

Thursday, June 9 Preschoolers Afternoon—1.30 to 3.15

WEEK 8

Monday, June 13 Queens Birthday Public Holiday

Tuesday, June 14 Yr 6 Leadership Day at Bowraville
P&C Meeting—9.30am

WEEK 9

Thursday, June 23 Small Schools Athletic Carnival

WEEK 10

Monday, June 27 Creative Arts Day — Hernani PS

Thursday, June 30 Term 2 Assembly—2pm

Friday, July 1 NAIDOC Day
Last Day of Term for Students



Term 1 Assembly

Thank you everyone who attended our term 1 assembly. Congratulations to our award recipients and to all students who presented items. Well done to Joseph and Tyson who delivered their first assembly as our School Captains.

FORTNIGHTLY AWARDS Week 11 - Term 1, 2022

Amber Baff

For enthusiasm towards learning

Cooper Young

For caring for younger students

Wren McKevitt-Emmerson

For a positive mindset

Well Done!



Bellinger Nambucca District PSSA Cross Country at Bowraville next Friday 6 May

The Bellinger District PSSA Cross Country will be held at Bowraville Rec Grounds next Friday 6 May, starting at 10am for a walk of the course for the runners. Races start at 11am. The event will be run over paddocks that could be very muddy and sloppy. Students are not advised to wear any article of clothing that is not mud resistant. If your child is 8 years old and above and interested in participating, please talk to Mrs Keough for more information and a permission note. It is not compulsory for all students to attend and school will operate as normal. Parents will need to provide supervision and transport for this event, as no teachers from Dundurrabin PS will be attending on the day.



Preschool Afternoon—Tuesday 10 May

All Preschool children aged 1—5 years are invited to join us for a preschool afternoon at school on Tuesday 10 May from 1:30pm to 3.15pm. We'll enjoy craft, games, stories and play time together. Bring along a packed lunch/snack to join in with lunch and play with our students. Please phone the school on 66578133 if you have any questions.

NAPLAN Online 2022 – Years 3 and 5 - Monday 9 May to Friday 20 May

NAPLAN (National Assessment Program- Literacy and Numeracy) testing for all students in Years 3 and 5 will be held at school during weeks 3 and 4 next term. The online platform allows a flexible timetable in completing the four tests. If you have any questions regarding NAPLAN please speak with Mrs Keough.

Gymnastics Excursion

We finished up Term 1 with an excursion to Armidale Gym Centre. What a fabulous day out putting our movement skills to the test.



National Walk Safely to School Day Friday 13 May



National Walk Safely to School Day will be on Friday 13 May. Walk Safely to School Day is an annual, national event when all primary school children will be encouraged to walk and commute safely to school. It is a community event seeking to promote Road Safety, Health, Public Transport and the Environment. The bus will be transporting students from school to the Community Centre in the morning, where we will all walk safely back to school accompanied by our teachers. Parents/carers are welcome to join us walking. Breakfast will be provided and cooked for all students by our wonderful P&C.

Finlayson Cup Sports Day – Friday 27 May

We will be attending Finlayson Cup Sports Day at Chandler Public School on Friday 27 May. We will be travelling on Wykes bus. There will be no cost for this excursion. Cup days are always enjoyed by all as they are about participation, giving it your best and socialising with other students. Everyone has the opportunity to try each event, and points earned throughout the day will go towards our school's total score. Students will need to be at Chandler PS at 9am. This is a whole school excursion. Consent note and lunch order notes will be sent home shortly.



Year 6 Leadership Day – Tuesday 14 June

Year 6 students will be attending the Bellingen Dorrigo Community of Schools Student Leadership Conference at Coffs Coast Adventure Centre, Bonville, on Tuesday 14 June. Parental transport will be needed on the day. More information will be sent home next newsletter.

DUNDURRABIN PUBLIC SCHOOL

PRESCHOOL AFTERNOON

Children aged 1 to 5 years are invited to join us for an afternoon of craft, play, stories and games.

TERM 2 DATES:
TUESDAY 10 MAY
THURSDAY 9 JUNE
1:30 – 3:15PM

Inquiries Call 0266578133

Year 5 and 6 Lake Ainsworth Excursion

Unfortunately the Lake Ainsworth excursion has been postponed until further notice due to the facility housing flood victims. Dorrigo PS has advised us that they will try to organise another date and let us know. Please hold off paying any payments for the moment. Dorrigo PS will hold all students payment that have already been paid for so far. If the excursion does get cancelled then refunds will be organised.

2022 Learning Contributions

Learning Contribution fees for 2022 remain the same - \$30.00 for the costs of student items provided by our school e.g. exercise books, pens, pencils, glue, hand towels, headphones, online subscriptions etc.... and \$40.00 towards SAKG program which has ongoing costs each week, such as cooking ingredients, seeds and seedlings. Thank you to those families that already paid.



Cancer Council NSW Nutrition Snippet

The simplest way
...to get organised for school lunches.

Over the course of your child's school life, you will pack around 2,500 school lunches!

Follow our six-step method to make school lunches easy, healthy and eaten every day!

1. Always include a serve of fruit (cut up if your child is young)
2. Always include a serve of vegies (don't forget legumes like baked beans count, too!)
3. Always include a drink of water
4. Always include a serve of wholegrains (bread, rice or pasta leftovers)
5. Always include a serve of reduced-fat dairy (cheese, yoghurt)
6. Always include a protein (egg, chicken, tuna).

See our website and facebook for more ideas!

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Eat It To Beat It

P&C News & Community Notices

P&C Meeting – Friday 13 May—9.30am

Our P&C meeting will be held on Friday 13 May at 9.30am after breakfast has been cooked for our students for Walk Safely to School Day.

We would like to have as many people as possible attend. This is a wonderful opportunity to find out about and get involved with what is happening within the school. Please come along and enjoy a relaxed friendly gathering.

Congratulations to our 2022 P&C Office Bearers.

President: Susan Freeman

Vice President: Cassie Sharman

Treasurer: Nickey McDowell

Secretary: Lyneeza Young

P&C Pizza Night 5 May



Lots of fun had by all last time and lots happy customers!

Come along and perfect your pizza making skills whilst having fun, the more the merrier!

Order forms are coming out soon so don't forget to fill them in and have them back to school by Tuesday 3 May.

If you know any locals who may wish to order, feel free to hand out forms. Just ask us if you need some more.

Volunteers/helpers needed. Please phone Nickey on 0412 807 040 if are able to help on the night or for more information.

Election Day — Saturday 21 May

We are looking for volunteers to help us run the BBQ this Saturday, anytime you can spare will be greatly appreciated. We will also have a cake stall going so we welcome all bakers to drop off goodies either Friday afternoon or Saturday morning at the school.

Volunteers/helpers needed. Please phone Nickey on 0412 807 040 if are able to help on the night or for more information.



P&C Mother's Day Raffle



The P&C is having a Mother's Day raffle with a beautiful prize to spoil mum or someone special on Mother's Day. Tickets are \$1.00 each and need to be back at school by Friday 9 May. The raffle will be drawn on Friday 9 May at school.

Easter Raffle

Thank you to everyone who kindly donate some Easter Eggs or "something Eastery" to our Easter raffle.

The lucky winners were: Sunny Baff, Nash Chambeyron, Robyn Coombes, Di Freeman, Kenny Freeman, Nancy Tyler and Cooper Young.

Eat in or Takeaway Pasta

Friday 6th May — 4.30 to 6.30pm

At Dundurrabin Community Centre

Yummy Pasta before the movie night. Fill in an order form at Tyringham Shop.

Contact: Emanuele on 0431 759 811 before Wednesday 4th May

Movie Night - Friday 6th May - 6 to 9pm

At Dundurrabin Community Centre

Free Movie & Snacks. Family Friendly.

Contact: Rudy 0425 250 479

Sunday Coffee & More – Sunday 8th May 10am to 2pm

At Dundurrabin Community Centre

Mother's Day Market with The Atoms playing live music, yummy food, time for a chat. Stalls welcome. Contact: Sally: 0423 566 173

Festival of Small Halls – Friday 27th May

***Live Music from 7pm ***

At Dundurrabin Community Centre.

Fundraiser - Hot food from 5.30 to 6.30pm

Resilience Autumn Tour with Melanie Horsnell, Ash Bell & Sara Tindley.

Contact: duncomc@gmail.com or Rudy 0425 250 479 or Book online

<https://festivalofsmallhalls.com/current-tours/autumn-tour-2022-nsw/>

Coffs Harbour & District Restoration Motorcycle Club

It is proposed that the Motorcycle Club will stop at the Dundurrabin Community Centre on Saturday 28th May at 10am for morning tea.

Please be aware that there may be more traffic (and traffic noise) than usual on our roads.

Nutrition Snippet

The simplest way

...to get bang for food budget buck.

Budgeting the week's food money according to the healthiest foods means getting the best value for money.

Spend most: wholegrain breads and cereals; fruit and vegetables.

Spend moderately: meats and alternatives; dairy.

Spend least: foods high in fat, salt and/or sugar.



Buy what's good for you...
Fruit and veg are good for you and good value for money, especially when in season. Buy canned or frozen when they're cheaper than fresher varieties.

And save...
Processed snacks are much more expensive per kilo, so go healthier and cheaper with some fresh fruit and veg!

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



COVID—19 - What's new in Term 2?

As we head into the cooler months, our COVID-smart measures have been updated in consultation with NSW Health, to provide additional protection to our school community.

• **Change to close contact isolation requirements.** On 20 April the NSW Premier announced that from 6pm 22 April 2022, close contacts (including household contacts) could leave home isolation with certain restrictions. The announcement means that from Week 1 of Term 2, students and staff who are identified as close contacts will be able to attend school with the following risk mitigations in place:

- You must notify the school if you/your child have been identified as a close contact and are intending to return to school.
- You/your child should conduct a daily rapid antigen test (RAT) and receive a negative result each morning before attending school for 5 subsequent school days as part of your personal responsibility to minimise the risk of transmission.
- Staff members and high school students must wear a mask indoors at all times except when eating or exercising. Primary school students are recommended to wear a mask indoors at all times (except when eating or exercising).
- No student or staff member identified as a close contact will be permitted to participate in overnight excursions, including school camps.
- Visitors in contact with students including volunteers, allied health partners and staff providing professional learning who are close contacts should conduct a daily RAT and return a negative result before attending a school or ECE site. They must also wear a mask indoors at all times (except when eating or exercising) if they are 12 years old or over. If attending a school site and interacting with students for an extended period of time, the visitor should advise the school that they are a close contact.
- In line with these changes, students with health conditions should speak with their treating medical practitioner or specialist to review their health support plan or COVID-19 action plan and speak with the school around any local considerations.

• **Rapid Antigen Tests (RATs).** The department will continue to supply RAT kits to students and staff to support symptomatic testing and testing for close contacts returning to school (as mentioned above). Yesterday we sent home RATs tests with students.

• **Masks.** The latest NSW Health advice recommends wearing a mask for people who have recovered from COVID-19 and recently completed their 7-day isolation period for an additional 3 days (from days 8 to 10 after receiving a positive COVID-19 result). Additionally, as outlined in the above section on close contacts, mask wearing is mandatory for staff and high school students returning to school as close contacts for 5 days and recommended for primary school students returning to school as close contacts for 5 days.

• **Responding to our local situation.** We will continue to liaise with NSW Health and the department's Health and Safety case management team to ensure our COVID-smart settings keep-up with the latest developments. If local conditions require it, this may mean temporarily reintroducing some additional COVID-smart settings including:

- Mask wearing for all staff and students in Year 7 and above
- Directing cohorts to learn from home for short periods of time
- Postponing or limiting non-essential activities like excursions, indoor assemblies and visitors to the school.

We will make sure to update you at the earliest opportunity if any of these additional measures are required in Term 2.

• **Ventilation.** The NSW Department of Education is reviewing environmental differences across NSW as part of their winter ventilation planning, ensuring that local climatic conditions at each school are considered. The department will provide local guidance to schools, including advice on maximising natural ventilation while balancing thermal comfort and the use of indoor and outdoor learning areas for school activities to support schools to adapt to local climate conditions through the winter months.

• **Reducing the risk of illness this winter.** Finally, it's important to note NSW Health's advice to reduce our risk of not only COVID-19, but also other illnesses that may affect our school this winter like the flu. We can all protect our loved ones and our community by:

- Taking a RAT before visiting vulnerable loved ones or going to large gatherings and events.
- Staying home if unwell
- Keeping up to date with our vaccinations – including the flu vaccine, which is available from your local GP, pharmacy or Aboriginal Medical Service now. Flu vaccines are free for all children aged 6 months to under 5 years, or for a small charge for those aged 5 years and older
- Getting tested immediately for COVID-19 if you become symptomatic and isolating until you receive a negative result
- Practicing good hand hygiene by washing regularly with soap and water

If the past 2 years has taught us anything, it's that keeping our schools open is important for our young people's mental wellbeing, especially our most vulnerable learners, where schools are the safest place to be. On behalf of our school, I want to thank you again for your ongoing support and flexibility as we adapt to each new development this term.

Leah Keough

Principal