



PRINCIPAL: Leah Keough | **PH:** 02 6657 8133 | **MOBILE:** 0411 938 188 | 70 Mount Street, Dundurrabin NSW 2453
MAIL: dundurrabi-p.school@det.nsw.edu.au | **WEBSITE:** www.dundurrabi-p.school.nsw.edu.au

On the traditional lands of the Gumbaynggirr people

NEWSLETTER Term 3 Week 6

School Vision Statement 2021 – 2024

We believe that tomorrow belongs to those who prepare for it. Our journey to excellence will provide an environment that is challenging, inclusive and inspirational, that ensures each student shines, now and in the future.

FORTNIGHTLY AWARDS Week 6 - Term 3, 2022

Nash Chambeyron

For good blending while reading

Nikita Cheers

For asking interesting questions of our visitor, Hannah Dodd

Tyson Shipman

For improved spelling

Well Done!

Principal's Message—Welcome to Week 6

This week we celebrate the CBCA Book Week for 2022. Parents and friends are invited to join us for our Book Parade on Wednesday morning at 9:15am under the Cola. All students are encouraged to come to school dressed as their favourite book character for the parade.

In this week's newsletter, I'm pleased to include a special invitation to all children starting school next year. Our Kindergarten Orientation program will commence on Tuesday 6 September with a half day visit to school. Full day visits are scheduled throughout Term 4. Enrolment forms and school information will be sent home soon. Please phone the school if you have any questions about starting school in 2023.

Good luck to Asha, Quill, Tyson and Wren who are competing in the small school's relay at the Mid North Coast Athletics Carnival in Coffs Harbour tomorrow.

Have a great week!

Leah Keough—Principal



Education
Public Schools

WHAT'S ON FOR TERM 3

WEEK 6 BOOK WEEK "DREAMING WITH EYES OPEN"

Tuesday, August 23 Mid North Athletics Carnival—Coffs
Wednesday, August 24 Bookweek Parade—9.15am

WEEK 7

Friday, September 2 North Coast Athletics Carnival—Coffs

WEEK 8

Monday, September 5 P&C Meeting — 5.30pm
Tuesday, September 6 Kindergarten Transition — Half Day
Wednesday, September 7 STEM Combined Schools Day
Thursday, September 8 Preschoolers Afternoon—1.30pm—3.15pm

WEEK 9

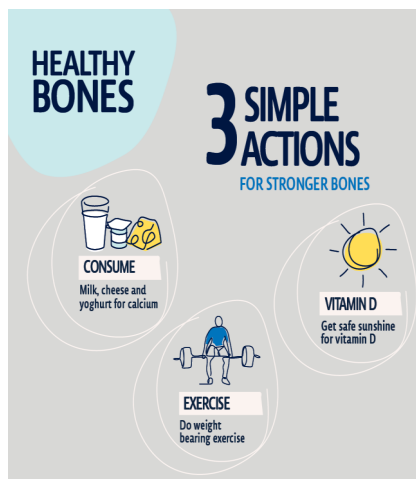
Wednesday, September 14 Crazy Hair Day

WEEK 10

Tuesday, September 20 Kindergarten Transition — Half Day
Thursday, September 22 School Photos
 Term 3 Assembly—2pm &
 Parents V's Students - Golden Orb

Healthy Bones Action Week: 21-27 August

Did you know, bones are living tissue, constantly in a state of renewal? Which makes building and maintaining bones a lifelong matter. Start this lifelong conversation with the children and young people around you this Healthy Bones Action Week, 21-27 August.



Consider these three simple actions:

- consume dairy in all its delicious forms – milk, cheese and yoghurt
- exercise – weight bearing is best
- get your Vitamin D – safely, of course.

SAKG Cooking & Gardening

Week 4

It was too wet for gardening so instead the students created unique labels to go on our half dozen egg cartons for our eggs that are for sale.

We harvested kale, spinach, shallots, lettuce, celery tops, a variety of herbs and eggs.

In the kitchen we cooked roasted vegetable and lentil soup, seeded grissini and hand made gnocchi in herb butter.

Week 5

We planted a selection of herbs in our new herb garden beds, prepared our garden near the ramp, collected horse manure for our hungry asparagus plants and Year 6 made a possum nesting box.

We harvested kale, spinach, shallots, lettuce, celery tops, a variety of herbs and eggs.

In the kitchen we cooked Boston style baked beans, scrambled eggs, Belgian waffles, maple and cinnamon toasted muesli and fresh fruit.



Kitchen and Gardening Award

Week 4 and Week 5

Congratulations to our Kitchen Award winners **Talia Shipman and Lucy Tyler** for excellence in cooking.

Science Week

We celebrated Science Week last week, exploring glass and other science fun. School made lava lamps and stained-glass cookies made for interesting learning.



Cricket Gala Day

Our 3-6 cricketers displayed impressive sportsmanship and participation at the Cricket Gala Day last Wednesday. We enjoyed the opportunity to mix with our friends from the local primary schools and were chuffed to win 3 of 3 games. Go team!



Our Visit with Hannah Dodd — Australian Paralympian

Today we had a very interesting visitor. Her name was Hannah Dodd.

She talked to us about her life. Hannah was born with her foot facing the wrong way and her spinal cord has a bubble in it.

The sports she likes are tennis, horse riding, netball, rugby (murderball), track racing and basketball and Hannah does it all in a wheelchair. We all had a turn in her basketball wheelchair.

Hannah won a silver medal at the Birmingham 2022 Commonwealth Games for the 3x3 Women's Basketball Tournament.

In a few weeks she is going to Italy with her friend for a new sporting venture.

Thank you to Ms McNeill for organising this event.

By Henry Tyler



Mid North Coast Athletics Carnival—Tomorrow— Tuesday 23 August

Good luck to our relay team—Asha, Quill, Wren and Tyson who will be travelling to Coffs Harbour tomorrow to compete at the MNC Athletic Carnival.



Bookweek Theme—"Dreaming with Eyes Open" This Wednesday 24 August

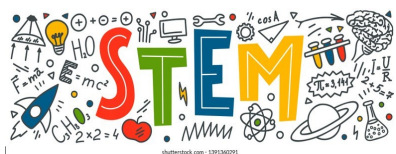
We will be celebrating Book Week this Wednesday 24 August. Children can come dressed as any book character or something that matches the theme for this year. Parents are welcome to watch the parade under the COLA starting at 9.15am. Followed by Mrs Sangster reading a book to us all from this year's shortlisted books.

Kindergarten 2023, Transition Day—Tuesday 6 September and Tuesday 20 September

On Tuesday 6 September and Tuesday 20 September we will be holding our first half day Kindergarten transition day. We will start at 9am and finish at 12 noon. Please bring along a recess, fruit for morning fruit, a water bottle and a hat for outside playtime. We look forward to meeting our new students for next year.



Combined Schools STEM Day - Wednesday 7 September



We are hosting a Combined Schools Day here on Wednesday 7 September where we will welcome Hernani,

Ebor and Nymboida Public Schools. On the day students will be engaging in a variety of fun Science, Technology, Engineering and Maths (STEM) based activities. We are looking forward to an enjoyable day. Our P&C have organised a special lunch order for the day. **Lunch order forms were sent home last week, please ensure they are returned by this Friday 26 August.**

Preschoolers Afternoon — Thursday 8 September CHANGE OF DATE



All Preschool children aged 1—5 years are invited to join us for a preschool afternoon at school on Thursday 8 September from 1:30pm to 3.15pm.

Please note the change of date. We'll enjoy craft, games, stories and play time together. Bring along a packed lunch/snack to join in with lunch and play with our students. Please phone the school on 66578133 if you have any questions.

Special Canteen Day

A big thank you to Leonie Pankhurst and her helper Kristine Bowden for the yummy special canteen last week. We all enjoyed the beef and vegetable stir fry and the chocolate rice pudding. We look forward to the next one!

Crazy Hair Day – Wednesday 14 September



Ready to go crazy! On Wednesday 14 September we will have a Crazy Hair Day gold coin fundraiser for Cystic Fibrosis.

Cystic fibrosis (also called CF) is the most common, life limiting genetic condition affecting Australians. 3,500 people are living with CF in

Australia and 1 in 25 people carry the recessive CF gene change. 1 in 2,500 babies in Australia are born with CF, both parents must carry the recessive gene. There is no cure for this mortal disease which affects the lungs and digestive system. Cystic Fibrosis NSW is there to support children and young adults with CF. **Students may come to school dressed in red clothes (official CF colour) and with the craziest hair they can think of: teased, coloured, gelled, twisted, wigs and scarves, punk or just plain messy!**

2022 School Photos – Thursday 22 September



Our 2022 school photos will be on Thursday 22 September. All students will need to wear their best school uniform and a big smile for our school photos. So that everyone looks their best, we are asking that students please wear their sports shirts and full uniform (navy shorts or trousers).

We also ask that students refrain from wearing long, multicoloured socks on that day. Short, dark or white socks would be preferred. **Individual order forms will be sent home when we receive them. Please do not lose them as each student is only provided with one which will have a unique code.** Envelopes must be returned before the day with payment either enclosed or paid online to the photographer.

Term 3 Assembly Thursday 22 September – 2.00pm

Please join us on Thursday 22 September at 2pm for our Term 3 Assembly. Students will present some of their learning from the term followed by a skipping extravaganza.

Parents V Students—Thursday 22 September


After assembly we will be holding a Parents versus Students friendly sporting event. We have decided the game of choice will be Golden Orb. A game enjoyed in PE and playtime. We will start after the assembly and finish the day out. Please come along and join the fun. The students love getting the chance to play against the adults.

Needed—Spare School Uniforms

If any families have any used clothing items that you wish to donate to our spare clothing supply, it would be greatly appreciated. **Thank you.**


BookClub Issue 6 – Due back Friday 2 August

Bookclub Issue#6 will be sent home tomorrow. If you wish to place an order from this issue, please have your loop online order completed or your order forms and money (cash) back at school by Friday 2 August.



The EASIEST way for parents to order and pay for Book Club!

Parents: Are you registered for LOOP?
LOOP is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for LOOP receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!



Head to scholastic.com.au/LOOP and register today!





2022 Learning Contributions

Learning Contribution fees for 2022 remain the same - \$30.00 for the costs of student items provided by our school and \$40.00 towards SAKG program which has ongoing costs each week, such as cooking ingredients, seeds and seedlings. Thank you to those families that already paid.

P&C and Community News

P&C Meeting—Monday 5 September—5.30pm

Our next P&C Meeting will be on Monday 5 September, at 5.30pm. Please come along and get involved. Everyone welcome.

P&C Fathers Day Gifts

Father's Day is fast approaching - Sunday 4th September. This year the P&C thought they would try a different approach and instead of a raffle, would offer practical gifts to purchase. An order form was sent home last week. All gifts are \$15 each and orders need to be completed and paid for by this Thursday 25th August at 3pm.



18 OR MORE DAYS

- Excused and unexcused absences represent lost time in the classroom and lost opportunities to learn.
- Missing just one day every two weeks can add up to 18 days in a year. Absences add up before you even know it.



10 TO 17 DAYS

- Students who are absent an average of 15 days a year miss a year's worth of school before their senior year.
- When students miss a day of school it actually puts them two days behind their classmates.



9 OR FEWER ABSENCES

- Students with good attendance generally achieve higher grades and enjoy school more.
- Children benefit and make the most of their educational opportunities if they attend school regularly and on time.



Wholesome Memes
@Wholesome_Memes

Me and my homies on the way to Art After School

TERM 3



ART AFTER SCHOOL T3

Art After School is back for Term 3 - and this term we are Makin Memes!

Join artist, curator and creative producer Chloe Waters for a term filled new approaches and attitudes to creating artwork.

Makin Memes, is designed for kids of all ages to work with a range of "old school" art making techniques including collage, drawing and text. Suitable for ages 7 through to 17 years.

Are Memes The New Art Form Of The 21st Century?
Let's find out together!

<https://artafterschoolt3memes.eventbrite.com.au>



Nutrition Snippet

The simplest way

...to eat all the colours of a rainbow.

If you have fussy eaters in your family, try these presentation tips to get them eating and enjoying more fruit and veg.



Offering a range of fruit and veg in different colours will help make meals more attractive and provide a variety of nutrients.

Kids will get excited about eating a rainbow and can even help arrange the colours on their plate.

Other simple presentation strategies include:

- Chop fruit and veg into smaller pieces.
- Offer raw sticks of carrot, capsicum, celery or cucumber with dip.
- Give small portions.
- Add fruit at breakfast.
- Add salad veg to a sandwich or wrap.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit





DUNDURRABIN PUBLIC SCHOOL

KINDERGARTEN ORIENTATION

TAKING ENROLMENTS FOR KINDERGARTEN 2023 NOW



ORIENTATION VISITS FOR CHILDREN STARTING SCHOOL IN 2023

TERM 3

**TUESDAY 6 SEPTEMBER
9AM-12NOON
TUESDAY 20 SEPTEMBER
9AM-12NOON**

TERM 4

**TUESDAY 18 OCTOBER
9AM-12NOON
TUESDAY 1 NOVEMBER
9AM-3:15PM
TUESDAY 29 NOVEMBER
9AM-3:15PM
TUESDAY 13 DECEMBER
9AM-3:15PM**

WELCOME TO OUR SCHOOL

WE BELIEVE THAT TOMORROW BELONGS TO THOSE WHO PREPARE FOR IT. OUR SCHOOL PROVIDES AN ENVIRONMENT THAT IS CHALLENGING, INCLUSIVE AND INSPIRATIONAL. WE ENSURE EACH STUDENT SHINES, NOW AND IN THE FUTURE

**CONTACT: DUNDURRABIN PUBLIC SCHOOL, 70 MOUNT STREET, DUNDURRABIN
PHONE: 0266578133 EMAIL: DUNDURRABI-P.SCHOOL@DET.NSW.EDU.AU**

**WE LIVE AND LEARN ON GUMBAYNGGIRR COUNTRY AND ACKNOWLEDGE WITH RESPECT, OUR
TRADITIONAL CUSTODIANS.**