

PRINCIPAL: Leah Keough | PH: 02 6657 8133 | FAX: 02 6657 8051 | 70 Mount Street, Dundurrabin NSW 2453 MAIL: dundurrabi-p.school@det.nsw.edu.au | WEBSITE: www.dundurrabi-p.school.nsw.edu.au

#### FORTNIGHTLY AWARDS Week 2 - Term 3, 2018

Student of the Fortnight Sports / Value Person Mathlete of the Fortnight John Wykes **Bailey Freeman** Izabellah Bennet

Class Awards

Talia Shipman Improved speed and quality in writing **Jarvis Pankhurst &** Tyrie McLennan A very informative PBL presentation



#### Welcome back!

Term 3 is going to be an exciting, action packed term! Everyone has returned refreshed and ready for a great term of learning with all students focused on doing their best in all academic pursuits.

#### **End of Term Assembly**

Thank you for joining us to celebrate the achievements of our students at our Term 2 assembly.

Our students showcased a vast array of learning at our Term 2 Assembly. We enjoyed K-2's geographical

positioning activity and were very interested in about the hearing 'Wonder' novel our 3-6 class have read. The dancing skills of both classes were also





#### WHAT'S ON FOR TERM 3 WEEK 2 Friday, August 3 **District Athletics Carnival** WEEK 3 **EDUCATION WEEK** Monday 6 to Friday 10 Yr 5-6 Lake Ainsworth Excursion WEEK 4 NATIONAL SCIENCE WEEK Monday, August 13 Preschoolers Afternoon 1.30pm–3.20pm Thursday, August 16 STEM Showcase Friday, August 17 MNC Athletics Carnival WEEK 5 **BOOKWEEK – "FIND YOUR TREASURE"** Bookweek Parade Monday, August 20 Wednesday, August 22 P&C Street Stall Thursday, August 23 Combined Small Schools Day–HernaniPS WEEK 7 Thursday, September 6 UNE Discovery Voyager at School WEEK 9 Monday, September 17 Preschoolers Afternoon 1.30pm–3.20pm

NEWSLETTER | TERM 3 | WEEK 2

Thursday, September 27

**WEEK 10** 

School Photos & Term 3 Assembly / JRFH Jump Off

demonstrated with the Chicken Dance and the Nut Bush. Our school captains John, Ronny and Milo did an excellent job conducting the assembly.

Congratulations to all award recipients: Student of the Fortnight Sports / Value Person Mathlete of the Fortnight Arion Quirk

**Nikita Cheers Talia Shipman** 





Education **Public Schools** 

**Class Awards** 

Wren McKevitt-Emmerson Being helpful to the teacher in class Orlando McKevitt-Emmerson For giving well-thought responses during our novel study.

Term 2 Attendance Awards Ronny Baff, Milo Baff, Leroy McGuire, Rowan Quirk, Joseph Slater, Lucy Tyler and John Wykes



#### NAIDOC on the Plateau

On the last day of Term 2 we celebrated NAIDOC Day at Dorrigo PS. Our students joined with all plateau schools to engage in a variety of cultural activities. These included damper cooking, traditional sporting games, art and craft and storytelling. We were all extremely impressed with our school item where our students performed 'The River is Flowing'- a traditional Aboriginal lullaby. The dedication and enthusiasm of all presenters is greatly appreciated as this day allows our students an insight into Aboriginal history, traditional, culture and language in a handson engaging manner.







#### SAKG Cooking & Gardening Term 3 - Week 1

In our first gardening session for the term, the students weeded, dug and pruned to prepare beds for planting. They also worked on revamping the old netted garden and collected horse manure which our plants

will enjoy! We harvested shallots, kale, a variety of Asian greens and herbs. In the kitchen we cooked chicken noodle soup, Chinese fried rice, stir fry vegetables with noodles, bread rolls and pancakes with lemon. Thank you to Nickey and Gail who volunteered in the garden and kitchen.





#### Small Schools Athletic Carnival – Urunga

The Carnival last Thursday was a fabulous day. We were impressed by everyone's enthusiasm, participation and sportsmanship. Congratulations to all who attended and **to Ronny Baff who won Senior Boys Champion on the day.** Many students qualified for District Athletics this Friday. We wish Isabelle, Orli, Izy, Jarvis, John, Milo and Ronny luck when they compete. If your child qualified please complete the attached permission and transport note and return it to school by tomorrow.



**Schools Tree Day** We will participate in Schools Tree Day shortly when our trees arrive.



#### Education at School – STEM Showcase – Thursday 16 August

We will be celebrating Education Week on Thursday 16 August when we invite you to "Step Back Into School". Join us for a picnic lunch at 1.30pm, which will be followed by a short students v parents soccer game. We will also present a showcase of STEM in our school which will include a hands on activity for all attending. Please join us to celebrate Education and Learning in 2018.

#### **Sporting Schools - Tennis**

Students will be participating in six weeks of tennis coaching for sport this term, thanks to our Sporting Schools grant. Hopefully we will venture down to use the courts at the Community Centre when the weather is fine.



#### Jump Rope For Heart (JRFH)

JRFH is here again! All students will skip four mornings each week, learning new skills and tricks. We look forward to the 'Jump Off' at our term assembly.

Kane from JRFH will be here this Wednesday morning to assist students with their skipping skills.

#### Parent / Teacher Interviews

If parents or carers would like to discuss Semester One Reports, meet their teacher or ask any questions about their child's progress, please contact the school.

#### Year 5 & 6 Lake Ainsworth Excursion – Next Week Monday 3 August to Friday 10 August

The excursion will be next week, 6-10 August 2018, departing Dorrigo on Monday at 7.30am and

returning on Friday by 3.00pm. Travel will be by private bus from Dorrigo PS to Lake Ainsworth and return. Parents/Carers must ensure students are there 15 minutes prior to departure. A list was sent home last Wednesday outlining what items students need to pack etc... If you need another copy please let Melissa know. Mrs Sangster will be accompanying our students on this excursion for the week. We look forward to hearing all about the exciting activities they have participated in when they return.



#### **Preschoolers Morning**

Our dates for term 3 will be Monday 13 August and Monday 17 September from 1.30pm to 3.20pm. All preschool children aged 1-5 are welcome.



Bookweek Parade – Theme "Find Your Treasure" Monday 20 August

We will be celebrating Book Week on Monday 20 August. Children can come dressed as any book character and will take part in a parade at school at 9.30am. Parents are welcome to attend.

#### Combined Schools Day at Hernani PS – Thursday 23 August

We will be travelling to Hernani Public School on Thursday 23 August to participate in a Combined Schools Day along with Ebor PS and Chandler PS. We will watch and participate in a variety of learning experiences. Travel will be by bus on the day. More information, cost and consent note next newsletter.

#### **Kindy Orientation**

We will be starting our Kindergarten orientation later this term. Any child who will be attending school in 2019 is welcome to come along for the morning and participate. We look forward to meeting our new Kindergarten students. If you would like your child to attend please contact Katrina Sangster at School on 66578133 for more information.

#### **Chess Tournament**

We will be starting our 2018 School Chess Tournament in week 4. All students can participate. So dust off those old chess sets and fine



tune your skills. This is a Championship tournament with the overall champion awarded a trophy. The tournament runs from week 4 until the end of term.

#### 2018 Premier's Reading Challenge

The 2018 Premier's Reading Challenge closes on the 24 August (only 4 weeks away). All students 3-6 are encouraged to continue reading to reach their target of twenty books.

#### **School Clothing**

On rare occasions it is necessary to provide clean and dry clothing to students who may have gotten dirty or wet. We only have a limited supply at school especially of small sizes and are asking **if your child does go home in school clothing could you please wash and return them to school as soon as possible.** 

#### Hats

Recently our school renewed our SunSmart status. With this in mind, we request all families to ensure their child/ren has a **broad brimmed or flap hat at school everyday**. Hats must be worn by all students for all outdoor activities including playtime and sport.

#### **Reminder – Trash Free Tuesdays**

On Tuesday every week, our school has a low waste lunch box day where we try to have no rubbish in our lunch boxes. Food packaging can be left at home or taken home for reuse or recycling. Class bins will remain available for non-food/packaging waste and we can feed our food scraps to the chooks.

#### BookClub Issue 5 – Due back Wednesday 8 August

Bookclub Issue#5 is attached. If you wish to place an order, please have your order forms and money (cash or cheque made to Scholastic) back at school by Wednesday 8 August.



#### Rebel / Amart Sports Community Kickbacks program

We are registered for the Amart Sports Community Kickbacks program. Being part of this program entitles us to receive 5% of sales made by our school community. It's simple, when purchasing from Amart Sports state our school name "Dundurrabin Public School" and they'll do the rest. Any funds received through the program will allow us to purchase sporting equipment or update our sporting facilities. So far the school has been able to spend over \$250 on sporting goods thanks to this program.





#### P&C News & Community Notices June Firewood Raffle

**Congratulations to Talia Shipman** who was the winner of our June firewood raffle drawn at our Term 2 Assembly.

#### Fundraising Meeting – this Thursday 2 August

We will be holding a fundraising meeting this Thursday 2 August for anyone who is interested in coming along. It will be held at school at 3.30pm.



#### The countdown is on...

19 days until our 4th annual Camp Oven Festival.

On Saturday 4th and Saturday 11th of August at Nymboida Camping & Canoeing there will be working bees from 9am to 12pm to get the grounds Festival area ready.

We'll have a lunch break and then induction and training from 1pm for those folk volunteering between **Wednesday 16th** and **Monday 20th**. A minimum of 5 hours work **during the volunteer period** will get you a **weekend pass** to this fantastic event and help ensure the smooth running of the Festival.

Volunteers **MUST** attend one of the induction/ training sessions or make other arrangements with NC&C staff or no free pass. Please come along to a Working Bee and/or consider volunteering during the Festival or the 'setup' 'break down' period.

#### Choose your preferred tasks and times.

A list of jobs with rosters can be found at

- Nymboida Camping & Canoeing Office
- The Grower's Market over the next couple of fortnights or
- Phone or email NC&C's off and we'll put your name down on a roster of your choice
   Ph: 02 66494155

Email: info@nymboidacanoecentre.com

#### TERM 3 2018 Grafton Workshops



After the Storm	'After the Storm' is a 6 week program to help parents who have experienced domestic and/or family violence to enhance parenting skills. There is one session each week for six weeks			CRANES @ Grafton 9.30am to 12.30pm 8th August to 12th September
Bringing Up Great Kids	The 'Bringing Up Great Kids' program uses ideas of mindfulness and self reflection to review and enhance patterns of communication. The aim of the program is to address the sources of unhelpful and hufful attitudes. There is one session each week for six weeks			CRANES @ Grafton 9.30am to 12.30pm 23rd August to 27th September
Building Resilience	Building Resilience' is a half-day workshop that provides information and strategies on building the resilience of children and learning from adversity. Suits parents with children aged 0 to 6			CRANES @ Grafton 9.30am to 12.30pm 2nd August
How to Talk so Teens Will Listen	This half-day workshop provides parents with information about teens intellectual and emotional development and using this knowledge to communicate more effectively. Suits parents with children aged 12 to 17			CRANES @ Grafton 9.30am to 12.30pm 21st September
Understanding Anger	In this half-day workshop we discuss the emotion of anger and strategies for parents to recognize the emotions behind child behavior. Suits parents with children aged 7 to 17.			CRANES @ Grafton 9.30am to 12.30pm 20th August
Full Circle	'Full Circle' is a group that meets fortnightly to provide peer support for parents seeking access to or restoration of a child. Guest speakers will be invited regularly to provide the group with information.			CRANES @ Grafton 10am to 11.30am 30th July to 24th September
See also our courses on offer in Maclean CRANES' workshops are FREE of charge Free childcare is also available at some venues				
NOTE: To be eligible for ou have a child in your car	VENUE CRANES Grafton 11 Kerno Street			

## BECOME A VOLUNTEER HOST FAMILY



"If you're thinking about hosting, do it! It's the most rewarding experience for your family. Our daughter has a sister now, someone to talk to other than mum or dad." Nicole, three-time host mum.

EMAIL SYLVIAKELLY@WEP.ORG.AU Call 1300 884 733 SMS 'HOST' TO 0428 246 633



WEP IS LOOKING FOR FAMILIES TO JOIN OUR COMMUNITY OF WONDERFUL VOLUNTEER HOST FAMILIES.

HOST A HIGH SCHOOL EXCHANGE STUDENT!

IF YOU HAVE AN INTEREST IN OTHER CULTURES, WE WOULD LOVE TO HEAR FROM YOU! REMEMBER, SOMETIMES THE GREATEST REWARDS IN LIFE COME FROM DOING THINGS YOU NEVER THOUGHT YOU WOULD!

CONTACT WEP ON 1300 884 733 FOR MORE INFORMATION OR EMAIL INFO@WEP.ORG.AU.



### ALESSIA B

Clao from Italy! **17 from Italy** My fascination with other cultures led me to enroll into a school focused on foreign languages. I like to keep active and I have also been practising artistic gymnastics for over ten years.

I can't wait to immerse myself into the Australian culture and I am very grateful to you for giving me the opportunity to do so.

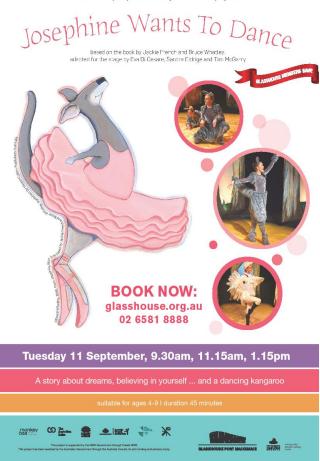
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— Your Health Link — National Photographic Competition
 HEALTHY LIFE HEALTHY YOU





# Live Life Well @ School



### Free online nutrition program for children aged 4-11 years to get healthy

The University of Newcastle is offering this study to help improve children's eating habits, it includes:

- 2 dietitian telehealth consultations
- 3 months access to nutrition website
- parents facebook support group

Recruitment is open until 31 July 2018, spaces limited.

To register click <u>here</u> Or email <u>b2bfamily@newcastle.edu.au</u>

#### NSW KOVERNMENT Health Mid North Local Hea

Mid North Coast Local Health District

# Live Life Well @ School



Average cost \$1.80

Average cost \$4.40

## Healthy lunchboxes save money

Compare the lunchboxes above. Cost comparisons using a leading supermarket saves you \$2.60 a day. That's a saving of \$515 per year for 1 child!

For more information: Let's Look at Lunches

Health Mid North Coast Local Health District



