

Combined Small Schools Day at Ebor Public School On Monday students from Dundurrabin, Chandler and Hernani went to Ebor Public School to join in some fun activities. First we listened to a story on the interactive whiteboard with Mrs KD about a bird who couldn't find his mum. Then we made paper doll chains of the people close to us. After recess we read another book with Miss



our pumpkins. Students will be selecting pumpkin recipes to try in the coming weeks as well as using our ripe lemons to make some lemon cordial.



Sommer about a dinosaur that was trying to protect her babies. After lunch a big school band came and played for us. We caught the bus home and were all very happy and sleepy.

By Gracie Eibeck, Avril Eibeck, Lucy Not, Moija Roser-Clark, Luke Weedon and Joseph Wykes.



#### The Premier's Debating Challenge - Year 5

On Wednesday we went to Coffs Harbour Primary School for a debating workshop. There were three "hosts". Their names were Don, Pat and Chris. We did several games and activities and at the end of the day we did a small debate which was about "Living in the country is better than in living in the city" (we were negative). We had a "gr8" day. By William Baff, Julia Sangster and Brett Weedon - An Awesome Debating Team!!











#### gr8 people are:

#### Good communicators

We are promoting the 10 most important attributes that we want to develop in students. We are focusing on one a week, this week's attribute is - "Good communicators".

People who are good communicators: \* Listen to others \* Speak clearly and confidently \* Read and write well \* Express ideas effectively \*Choose the right way to get a message across.

#### Stage 1 Parents - Year 1 & 2

As part of our unit on Stories and the work we've been doing around Indigenous Culture, Stage 1 will be making a small book about their "mob" (families and close friends). Any family photos that you have that could be used in this activity would be greatly appreciated. If needed, I have a coloured scanner at home, so I can make copies of precious photos.



Miss Sommer



## 2011 Clarence Valley Handball Championships this Thursday 9 June 2011

Congratulations to Lucy Not, Luke Weedon, Bonnie Radcliffe, Max Mears, Julia Sangster and Brett Weedon who will be participating and representing our school at the 2011 Clarence Valley Handball Championships at Grafton Regional Sports & Entertainment Centre, Powell St Grafton (opposite Grafton Race track) this Thursday 9<sup>th</sup> June at 9.30am. Miss Sommer will be the teacher

attending. Students will need to arrive before 9.30am for registration. Students will need to wear school uniform and appropriate footwear. They will need to take recess, lunch and water. The canteen will be open on the day.

#### Video Conferences - This Week

This week students will be participating in Video Conferences around environmental sustainability. Please complete the consent note if attached to allow your child to participate in these valuable and interactive lessons. Thank you those parents who have already returned notes.

## YEC Meeting at Bongil Bongil National Park, Coffs Harbour

Students who attended the YEC last Friday need to please send their \$8.00 into school. Thank you

#### Long Weekend - Queen's Birthday Public Holiday this Monday 13th June

Don't forget next Monday 13<sup>th</sup> June is the Queen's Birthday long weekend. School will resume on Tuesday as normal. Have a safe and fun long weekend!



## Small School's Athletic Carnival at Urunga - Wednesday 22<sup>nd</sup> June

Our annual Small School's Athletic Carnival will be held on Wednesday 22<sup>nd</sup> June at Urunga Recreational Grounds starting at 9.30am and finish approximately 2.30pm. This is a great day for students to showcase their athletic abilities and more importantly socialise with many of their peers from other small schools.

We are considering taking Jim's bus to Urunga on the day. Cost will be \$12 per student. We will need to know in advance whether your child will be travelling by bus or not. If we do not get enough students interested, then it will fall upon parental

transport. There will be some extra seats available for parents. This is a whole school excursion, teaching staff will be at the carnival on the day. Please fill out and return the Expression of Interest note by this Wednesday, so bus arrangements can be made.

#### Bus Notes

Nicky McDonald is driving Jim's bus until the end of term. If you need to talk to her about bus pick-up / drop off arrangements or anything else, please feel phone to phone her. Jim's bus mobile number is 0429 175122 or Nicky's home number is 66578 172.



#### Excursion to Cascade.

To support our studies of Indigenous Culture and History on the Plateau we are considering a 3 day/2 night excursion to Cascade Environmental Centre early next term for the whole school. The approximate cost will be \$70, fully catered. Please fill out and return the Expression of Interest note or contact Mrs Sangster as soon as possible so that we can secure specific dates.



## Working Bee - Sunday 26<sup>th</sup> June

We will be holding a school working bee on Sunday 26<sup>th</sup> June starting at 9.30am. It would be wonderful if we could get lots volunteers for the day. We will be focusing on the gardens, chook pen, compost bins and shade rail over the sandpit. A BBQ will be provided for helpers on the day before heading home. Contact Katrina if you can assist on this day.

## Assembly - Wednesday 29th June at 9.45am

We will be holding a school assembly on Wednesday 29<sup>th</sup> June at 9.45am. Children will be presenting some work from class and special term awards will be presented. **All welcome!** 

Students will also be planting trees as part of National Tree Day. Parents and community members are welcome to help with the tree planting before morning tea, supplied for all.





## <u>Crazy Hair Day - Wednesday 29th June</u>

On Wednesday 29<sup>th</sup> June we will have a Crazy Hair Day **gold** coin fundraiser for Cystic Fibrosis. In Australia, a child is

born with Cystic Fibrosis (CF) every four days. There is no cure for this mortal disease which affects the lungs and digestive system. Cystic Fibrosis NSW is there to support children and young adults with CF. Students are to come with the craziest hair they can think of: teased, coloured, gelled or twisted; wigs and scarves, punk or just plain messy! Parents can also participate if they wish, as this is the same day as the Term Assembly.

## P&C News & Community Notices

<u>House Wanted - for our School Cleaner</u>

If anyone in the community knows of a house to rent, please ring Laz on 66578060 or the school on 66578133. It would be greatly appreciated.





## Book Club Issue # 4 - Due tomorrow

*If you wish to place an order from this issue, please have your order forms and money* (cash / Cheque made to Scholastic) back at school by tomorrow.

#### Dundurrabin Community Centre News / Upcoming Event & Dates May June Sat 11 Tip Cleanup 10am on - PAUL MUIR TROPHY - noon June Sun 12 PAUL MUIR TROPHY June Mon 13 Green Lifestyle Group - Dorrigo June Sun 19 Singing Group 11am Dundurrabin Com Centre

June Sun 26 DCC Meeting 1pm





## Paul Muir Trophy - Saturday 11th & Sunday 12th June - Com. Centre

The Paul Muir Pool Competition will be held on Saturday 11<sup>th</sup> and Sunday 12<sup>th</sup> June at the Dundurrabin Community Centre. It starts at noon on Saturday. 1st Round Speed Pool, fastest 8 through to the next round of pool, top 4 go through to snooker and top 2 go on

to play 9 ball. New this year is a junior comp for 15 years and under - speed pool and pool. Catering will be provided by our local Rural Fire Service on Saturday and Sunday.

# Kids in the Kitchen

#### NORTH COAST HEALTH PROMOTION

A workshop for parents who would like to be involved with cooking classes at school in 2011



North Coast Area Health Promotion will be training parents to run "Kids in the Kitchen" cooking programs as school volunteers. The training session will help parents to plan and run <u>simple</u> cooking sessions with groups of children. When parents run cooking sessions a teacher will always be present in the classroom.

## The workshop is fun with a light lunch included!

**BONUS:** Healthy Food Fast Cookbook provided to all who attend the Kids in the Kitchen training. A Tooty Fruity Vegie cookbook provided for each class in all schools attending.

**DATE:** 23<sup>rd</sup> June

TIME: 10.30am – 2.30pm (light lunch included)

PLACE: Hernani School

TO REGISTER: Complete the registration slip below & return to your School

## RSVP: by 17<sup>th</sup> June

Session Plan - Kids in the Kitchen Training

Time	Content and Process	Material	
10.30	Registration	Name tags, pens	
	Tea and coffee on arrival	Equipment for morning tea	
10.40	★ Welcome to country		
	Housekeeping (toilets, refreshments)		
	Introductions – Round the table		
10.50	★ Introduce Live Life Well @ School program	LLW@S info, KIK Manual for	
	★ Objectives of KIK	Participants one per person	
11.00	Things to consider when planning and running kids cooking classes.	AGHE poster	
	Group brainstorm activity on butchers paper	Butchers paper	
	Kitchen safety	Markers	
	Food Safety / Hygiene		
	<ul> <li>What foods should we encourage children to cook and how do</li> </ul>		
	we decide what to cook?		
11.15	Demo of knife handling	KIK equipment kit,	
	* Cooking session	Ingredients, plates, napkins,	
		bowls, cutlery	
1.30	Lunch (share food prepared in previous session)		
2.00	How to get the ball rolling – school planning		
	<ul> <li>Plan how you will organize for KIK to start in your school</li> </ul>		
	Planning and running a lesson		
2.25	🖈 Q and A	Evaluation survey one per	
	* Evaluation survey	participant	
2.30	\star Finish		

I would like to register to participate in the Kids in the Kitchen training day for parents.

Parent Volunteer Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

School: \_\_\_\_\_

Any food allergies? \_\_\_\_\_

#### Expression of Interest Note: Excursion to Cascade - Term 3

To support our studies of Indigenous Culture and History on the Plateau we are considering a 3 day/2 night excursion to Cascade Environmental Centre early next term for the whole school. The approximate cost will be \$70, fully catered. This will be a whole school excursion.

Please tick the appropriate box and return to school by this Wednesday 8<sup>th</sup> June so that we can secure specific dates.

YES - I am interested in my child/ren to attend the Cascade excursion at approximately \$70.00 per student.

NO - I am not interested in my child/ren\_\_\_\_\_ to attend the Cascade excursion.

Signed	
	-

\_\_\_\_\_ Parent/Carer Date\_\_\_\_\_

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We are considering taking Jim's bus to Urunga on the day. We will need to know in advance whether your child will be travelling by bus or not. If we do not get enough students interested, then it will fall upon parental transport.

This is a whole school excursion, teaching staff will be at the carnival on the day.

Please tick the appropriate box and return to school by this Wednesday 8<sup>th</sup> June



I am would like my child/ren\_\_\_\_\_\_to travel by bus at \$12.00 by student.

I \_\_\_\_\_\_would like to travel on the bus as a



parent on the day

I will be transporting my child/ren\_\_\_\_\_

by my own private transport.

Signed \_\_\_\_\_ Parent/Carer

Date\_\_\_\_\_